



## KENTUCKY EDUCATION ASSOCIATION Training Programs

The Kentucky Education Association offers a variety of training sessions for schools, districts, local KEA leaders and local KEA associations. Some are offered on a statewide basis, others can be brought into your local area. Most can be adapted to meet local needs. For further details about scheduling and pricing of Professional Learning please contact your local UniServ Director or Michelle Grimes Jones, KEA Director of Professional Excellence, at [michelle.jones@kea.org](mailto:michelle.jones@kea.org).

### **Social & Emotional Awareness Trainings**

- **Brain Architecture Game: Trauma, Toxic Stress, & the Impact on the Brain**

Students with severe challenges and behaviors are more prevalent than ever in our public schools. Often this stem from experiences they have encountered and a lack of coping skills and resilience.

During the 2-hour version you will be “building a brain” based on experiences during early childhood and discover how they affect the ability of the brain to build resilience and coping skills. This training will give you the basic understanding of brain architecture, ACES, and its impact on student behavior and learning.

During the 3-hour version you will receive the above training with an increased emphasis on specific strategies educators may use to help address student behaviors and the learning difficulties that occur with these experiences. If you are interested in this training please contact Michelle Grimes Jones, the KEA Director of Professional Excellence at [michelle.jones@kea.org](mailto:michelle.jones@kea.org)

- **Creating Emotional Balance and Resilience to Enhance Learning:**

This training builds on the Brain Architecture Game: Trauma, Toxic Stress & Impact on Learning. It is best to have had that training prior to this one. Participants will move beyond an understanding of why students react in a certain way and discover the “how” when it comes to helping students build resilience. They will better understand the Window of Tolerance and will be exposed to multiple strategies educators can easily incorporate into their day to day classes and use to build resilience, empathy, and connectivity with their students.

If you are interested in this 3-hour training please contact Michelle Grimes Jones, the KEA Director of Professional Excellence at [michelle.jones@kea.org](mailto:michelle.jones@kea.org)