Date: April 4th <u>Time: 7:00 – 7:45 PM</u>

## Women's Caucus Meetings



The Women's Caucus will be taking donations for the Center for Women and Families. All donated items should be new and unused to ensure optimal hygiene and safety. Please drop off items at the Women's Caucus Booth.

Items for children: diapers, baby clothing, diaper bags, baby monitors, sweat pants and tops, t-shirts, socks, shoes, flash cards, easy/fun/active games, art supplies, backpacks.

Items for Adults: men and women underwear, socks, bras, sweat pants, scrubs, yoga pants, t-shirts, sports bras, light jackets, purses, comfortable shoes



Special guest Dr. Emily Bickers, physical therapist and orthopedic certified specialist will discuss common women's health issues; including, normal bowel and bladder habits, incontinence, and prolapse.

**Items for shelter services:** twin sheets and pillow cases, pillows, twin blankets, towels, wash cloths, laundry baskets, luggage, totes, flash drive, umbrellas, batteries, Clorox wipes, alarm clocks, cleaning supplies, TARC bus passes

**Hygienic Items:** toothbrush, toothpaste, floss, shampoo and conditioner (full size), deodorant, body lotion, combs, hair brushes, tampons and sanitary pads, hair care products for African