

# **Great Public Schools for Every Student**

## **1. Exploring Restorative Practices**

Educator explores restorative practices to strengthen relationships and build a community where harm can be addressed and repaired.

## **Key Method**

Educator learns the foundations of Restorative Practices, analyzes and reflects on their current classroom practices, begins to think of ways to implement restorative practices, and shares what they have learned with various audiences.

## **Method Components**

#### **Restorative Justice**

Inspired by indigenous practices, Restorative Justice (RJ) is a philosophy and theory of justice that emphasizes repairing the harm caused by conflict and wrongdoing. It provides an opportunity for everyone impacted by an incident to come together in a safe space to address their feelings and needs, and reach a resolution that repairs the harm and restores relationships.

Restorative Justice is based on the idea that "because crime hurts, justice should heal" (Braithwaite). The harm should not be matched by further harm, but by restorative efforts.

Restorative Justice was introduced as part of the criminal justice system over 35 years ago, and was later adopted into the school system as an alternative to exclusionary disciplinary actions. The mission of Restorative Justice is to;

Repair: crime causes harm and justice requires repairing that harm;

Encounter: the best way to determine how to do that is to have the parties decide together;

Transform: this can cause fundamental changes in people, relationships and communities.

#### **Guiding Principles**

Restorative Justice is guided by these 7 principles. Restorative Justice:

- 1. Acknowledges that relationships are central to the building community
- 2. Builds systems that address misbehavior and harm in ways that strengthen relationships
- 3. Focuses on the harm done rather than only rule-breaking
- 4. Gives voice to the person harmed
- 5. Engages in collaborative problem solving

- 6. Empowers change and growth
- 7. Enhances responsibility

With the adverse impact of zero-tolerance discipline policy and the development of the school-to-prison pipeline, school districts across the country have looked for different ways to improve school climate and alternative ways for addressing misbehaviors.

Restorative Justice in Schools (often referred to as Restorative Practice) is a set of practices and values that holistically prevents and repairs harm, builds community, and relationships resulting in a positive supportive school climate.

#### **Repairing Harm**

Repairing harm is foundational to restorative practices. According to the International Institute for Restorative Practices (IIRP), Restorative practices is an emerging social science that studies how to strengthen relationships between individuals as well as social connections within communities. Repairing harm is the first step in strengthening relationships that have been compromised by intentional or unintentional actions or words.

#### **School-Wide Implementation**

The following beliefs are foundational to the successful implementation of Restorative Practices:

- Aim first to build classroom communities that are supported by clear agreements, authentic communication, and specific tools to bring issues and conflicts forward in a helpful way.
- Provide specific pathways to repair harm by bringing together those affected by misbehavior in a dialogue to address concerns, achieve understanding, and come to an agreement about setting things right.

Restorative Justice (practices) school implementations also need to focus on:

- Building healthy relationships between students and school staff, as well as among adults within the school community
- Supporting students' healthy social and emotional development
- Creating safe spaces for difficult conversations, deep emotions, and healing
- Shifting the focus from intervention to prevention of disciplinary infractions
- Shifting the paradigm from punitive to restorative disciplinary practices that repair harm and reduce suspensions, expulsions, and arrests.

School culture and climate is the leading factor in deciding if a student is restored or punished. The entire school community (i.e., students, teachers, administrators, parents, and community members) needs to participate in the following best practices:

- Define common expectations for student behavior
- Teach and model Restorative Practices
- Allow space for the learners' choice and voice
- Model and allow learners to resolve conflict

#### Beginning Strategies for Implementing Restorative Practices and Building Community

Intentional Language

Educators should model and continually use language that builds and sustains relationships by:

Using intentional, positive language

- Avoiding sarcasm
- Noticing the students
- Expressing authentic empathy

#### Restorative Circles

#### <u>Process</u>

The circle process fosters a space that lifts barriers between people, allowing the possibility for connection, collaboration, and mutual understanding. The process works by bringing students and adults together in a way that allows them to see each other as human beings and talk about what matters. Allow time for the process to gain student buy-in. Practice holding circles one day a week for a month *or* at least once a month for several months, for best results.

#### <u>Components</u>

- -Establishing Circle Values and Principals (group consensus)
- -Explaining the use of the talking piece
- -Introductions
- -Trust Building activities
- -Issues
- -Solutions

#### <u>Steps</u>

- 1. Opening
- 2. Check-In round
- 3. Topic Round
- 4. Closing

#### Proactive Circles

Proactive circles provide students opportunities to engage with their peers and make positive connections by
participating in community building activities

Responsive circles address challenging stimuli and probe the students to think on a deeper level

## Supporting Research

Deakin, J., & Kupchik, A. (2018). Managing Behaviour: From Exclusion to Restorative Practices. In *The Palgrave International Handbook of School Discipline, Surveillance, and Social Control* (pp. 511-527). Palgrave Macmillan, Cham. <u>https://link.springer.com/chapter/10.1007/978-3-319-71559-9\_26</u> Fronius, T.; Persson, H.; Guckenburg, Sara; Hurley, Nancy & Petrosino, A. (2016). Restorative Justice in U.S. Schools: A Research Review. West Ed and Prevention Research Center. Retrieved on July 27, 2018 from <a href="https://jprc.wested.org/wp-content/uploads/2016/02/RJ\_Literature-Review\_20160217.pdf">https://jprc.wested.org/wp-content/uploads/2016/02/RJ\_Literature-Review\_20160217.pdf</a>

Gregory, A., Clawson, K., Davis, A., & Gerewitz, J. (2016). The promise of restorative practices to transform teacherstudent relationships and achieve equity in school discipline. *Journal of Educational and Psychological Consultation*, *26*(4), 325-353.

https://www.tandfonline.com/doi/abs/10.1080/10474412.2014.929950

Morrison, B; Blood, P. & Thorsborne, M. (2005). Practice Restorative Justice in School Communities: The Challenge of Culture Change. *Public Organization Review: A Global Journal,* 5: 335-357, #2006. Retrieved on July 27, 2018 from <a href="http://www.ibarj.org/docs/morrison.pdf">http://www.ibarj.org/docs/morrison.pdf</a>

Short, R., Case, G., & McKenzie, K. (2018). The long-term impact of a whole school approach of restorative practice: the views of secondary school teachers. *Pastoral Care in Education*, 1-12. https://www.tandfonline.com/doi/full/10.1080/02643944.2018.1528625?scroll=top&needAccess=true

Zvi D. Gabbay, Justifying Restorative Justice: A Theoretical Justification for the Use of Restorative Justice Practices, 2005 J. Disp. Resol. (2005) https://scholarship.law.missouri.edu/jdr/vol2005/iss2/4

#### Resources

Circle of Self Efficacy Activity https://docs.google.com/document/d/1QIH6o8wZNTgc6pAyAs\_l4ILJkAGWbNlH98zG4ESPnX0/edit? usp=sharing

All things restorative. https://www.iirp.edu/what-we-do/what-is-restorative-practices

Teachers teaching teachers about restorative practice. http://teachingwithteachers.com/restorative-practice/

Restorative practices to resolve conflict and build relationships (video) <a href="https://www.youtube.com/watch?v=wcLuVeHlrSs">https://www.youtube.com/watch?v=wcLuVeHlrSs</a>

https://www.iirp.edu/news-from-iirp/time-to-think-using-restorative-questions

Tips for schools wanting to implement restorative justice.

https://www.edutopia.org/blog/restorative-justice-tips-for-schools-fania-davis

The restorative approach <a href="https://umaine.edu/peace/the-restorative-approach-and-restorative-practices-in-k-12-schools/">https://umaine.edu/peace/the-restorative-approach-and-restorative-practices-in-k-12-schools/</a>

Submission Guidelines & Evaluation Criteria

To earn the micro-credential, you must receive a passing score in Parts 1 and 3, and receive a proficient for all components in Part 2.

### Part 1. Overview Questions

250-500 words

Please answer the following contextual questions to help our assessor understand your current situation. Please do not include any information that will make you identifiable to your reviewers.

1. Describe your current professional context. What are the demographics of your school and/or classroom? What are the needs of your students? Are there any specific needs that lead you to explore restorative practice? 2. How do you currently deal with discipline issues in your classroom?

3. Why do you want to explore restorative justice practices?

Passing: Response provides reasonable and accurate information that justifies the reason for choosing this microcredential to address specific needs of both the teacher and the student. Response also includes a complete description of current discipline policies.

### Part 2. Work Examples / Artifacts

To earn this micro-credential, please submit the following **three artifacts** as evidence of your learning. *Please do not include any information that will make you or your students identifiable to your reviewers*.

#### Artifact 1: Circle of Efficacy

Follow the directions on the Circle of Efficacy Template (see resource section)

#### **Artifact 2: Revised Classroom Routines and Expectations**

Create a one-page handout for parents and other community members that explains your classroom routines and expectations that are based on Restorative Practices

#### **Artifact 3: Presentation**

Create a 10-15 slide presentation that explains Restorative Practices to other educators. Include answers to the following:

- Who should implement Restorative Practices?
- Where should Restorative Practices be implemented?
- What are the principles of Restorative Practices?
- Why should you implement Restorative Practices?
- What are some strategies that you can use to implement Restorative Practices?

How you can learn more about Restorative Practices?

Facilitation notes should be included on each slide (not necessary on the title slide)

	Proficient	Basic	Developing
Artifact 1: Circle of Efficacy	All 3 parts are completed.	Some parts are missing.	Incomplete.
	Responses to all questions and prompts are complete, thoughtful, and	Responses need to be more complete, thoughtful and/or reflective.	Most parts are missing. Responses are not reflective or thoughtful.

	reflective Ideas for supporting students outside of the circle are realistic and actionable.	Ideas for supporting students may be unrealistic and/or not actionable.	
Artifact 2: Revised Classroom Routines and Expectations	Classroom rules, routines and expectations reflect ALL seven Principles of Restorative Practices (see Method Components).	Classroom rules, routines and expectations do not reflect all of the seven Principles of Restorative Practices (see Method Components).	Classroom rules, routines and expectations do not reflect any of the principles of Restorative Practices (see Method Components).
Artifact 3: Presentation	Presentation Introduces Restorative Practices in a clear and logical way. 10-15 slides that include ALL of the following parts: -Who should implement Restorative Practices? -Where should Restorative Practices be implemented? -What are the principles of Restorative Practices? -Why should you implement Restorative Practices? -What are some strategies that you can use to implement Restorative Practices? -How you can learn more about Restorative Practices? -How you can learn more about Restorative Practices? -Facilitation notes should be included on each slide (not necessary on the title slide).	Presentation Introduces Restorative Practices. 10-15 slides that include some of the following parts: -Who should implement Restorative Practices? -Where should Restorative Practices be implemented? -What are the principles of Restorative Practices? -Why should you implement Restorative Practices? -What are some strategies that you can use to implement Restorative Practices? -How you can learn more about Restorative Practices? -How you can learn more about Restorative Practices? -Facilitation notes should be included on each slide (not necessary on the title slide).	Presentation does not Introduce Restorative Practices. Less than 10 slides and most of the following parts are missing: -Who should implement Restorative Practices? -Where should Restorative Practices be implemented? -What are the principles of Restorative Practices? -Why should you implement Restorative Practices? -What are some strategies that you can use to implement Restorative Practices? -How you can learn more about Restorative Practices? -How you can learn more about Restorative Practices? -Facilitation notes should be included on each slide (not necessary on the title slide).

#### **Part 3 Reflection**

200-300 words

Please answer the following reflective questions. Please do not include any information that will make you identifiable to your reviewers.

How did completing the circle of efficacy impact your classroom practice and your beliefs about discipline?
 How did revising your classroom rules and routines impact your classroom community and relationships?
 What opportunities are you now providing for your student to repair harm?
 How will you ensure all of your students voices are heard?

- 5. How have you shared your learning with other educators? What was their reaction?
  - Passing: Reflection provides evidence that this activity has had a positive impact on both educator practice and student success. Specific examples are cited directly from personal or work-related experiences to support claims.



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